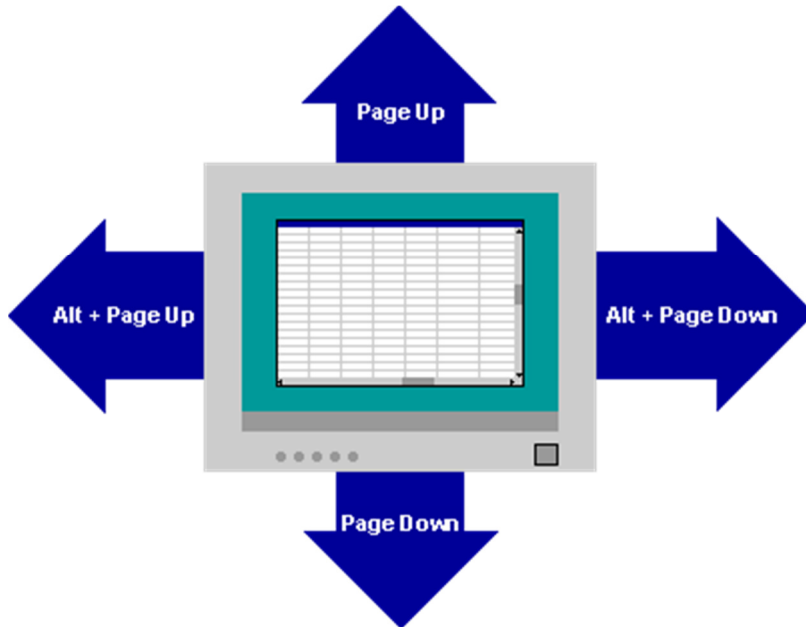


## The best keyboard shortcuts for moving in a workbook

The best way to move around in a workbook is to get to know the keyboard shortcuts PAGE UP and PAGE DOWN. Used with the ALT key, each combination scrolls through the worksheet one screen's width.



There are other useful keyboard shortcuts to use for moving in a workbook.

<b>PRESS</b>	<b>TO</b>
PAGE DOWN	Move down one screen
PAGE UP	Move up one screen
ALT+PAGE DOWN	Move one screen to the right
ALT+PAGE UP	Move one screen to the left
CTRL+HOME	Move to the beginning of the worksheet
CTRL+END	Move to the last cell on the worksheet, which is the cell at the intersection of the rightmost used column and the bottommost used row (in the lower-right corner), or the cell opposite the home cell, which is typically A1
CTRL+PAGE DOWN	Move to the next sheet in the workbook
CTRL+PAGE UP	Move to the previous sheet in the workbook
CTRL+F6 or CTRL+TAB	Move to the next workbook or window